

### Education & Mental Health Week

This coming week, May 6 – 10, is Education and Mental Health Week with several special events and activities throughout the week.

### **Scholastic Book Fair**

Our school's Scholastic Spring Book Fair is coming back! It will be open, Monday-Wednesday and Friday, May 6-8 and May 10. Discover new and bestselling titles right here at our school. All purchases help us earn new resources for our school. Please see the detailed schedule attached so you know when your child's class will be visiting the book fair. *Parents and caregivers, please note that all Kindergarten students are welcome to visit the book fair with parents before school on Wednesday or Friday or after school on Wednesday during the Open House.* Monday and Tuesday are only for browsing, so please **DO NOT** send money with students. Wednesday and Friday will be our **only** days for sales for all students throughout the day. The book fair WILL be open on Wednesday before school, and Wednesday after school during our school open house for families. Don't forget to check out your child's teacher's WISH LIST posted up in the book fair! Any questions, comments or concerns please contact Mrs. Finnie at [e.finnie@tvdsb.ca](mailto:e.finnie@tvdsb.ca). Happy Reading everyone! [schedule](#)

### **Sara Westbrook UPower® Presentations**

On Wednesday, May 8, students will have the opportunity to participate in UPower® presentations during the day with performer and motivational speaker, Sara Westbrook ([www.sarawestbrook.com](http://www.sarawestbrook.com)). The same evening, a presentation by Sara specifically for parents on "Nurturing Your Child's Emotional Wellbeing" (an extremely important topic for families, especially since the pandemic) will directly follow the Open House from 6:15 – 7:30 pm with supervised childcare provided. We hope you can make the time to attend this important evening! [Poster](#)

### **Water Open House**

Each class at PDPS has been learning about different aspects of 'water'. Please join us on Wednesday, May 10 from 4:30 – 6:00 pm for our Open House. You are invited to check out all of the classrooms that evening. Remember, the Scholastic Book Fair will be open during this time, and the Sara Westbrook Parent Presentation (with free childcare) will follow. Hope to see you there! [poster](#)

### **Grade 4 – 8 Track & Field Meet**

Thursday, May 9 will be our school's Track and Field meet for Grades 4 – 8 students with a raindate of May 10. Please see specific communications provided by your child's teacher regarding the day.

### **Kindergarten to Grade 3 Field Day**

Our Grade 1 to 3 classes will participate in a Field Day on May 10 (if not needed for the school meet), with a raindate of Monday, May 13. Kindergartens will have the opportunity during the first block of the day to try out some of the Field Day activities with their classes.

### **Yearbook Cover Contest**

The 2023-2024 PDPS yearbook preparations are underway, beginning with a Yearbook Cover Contest, open to all students. Please see the attached poster for more information. Submissions are due by May 10 to the office. We look forward to seeing all of the amazing entries! Information regarding pre-ordering the 2023-2024 yearbook will be provided in a few weeks. [poster](#)

### **Jump Rope for Heart**

Way to go, Panthers! We had a fantastic Jump Rope event on Thursday and have exceeded our fundraising goal! As we have currently raised \$2335, our 'pies in the face' and 'long jump demonstration' will happen on May 17! Our donation page is automatically open for two more weeks (until May 16), so we want to make sure all donations are in before we announce the top 3 student fundraisers at our May 17 assembly. Thank you to all of those who have donated already and are still fundraising, we appreciate you! Keep up the amazing job, Panthers! You can visit our school page at <https://jumpropeforheart.crowdchange.ca/45333>.

### **School Council Fundraiser**

The Butcher Barn orders will be ready for pickup on Monday, May 13 from 3:30-4:30 pm.

### **Milk & Popcorn Sale**

While milk and popcorn sales will continue for the remainder of the school year, we will no longer be selling pages of tickets. Those with remaining tickets can of course continue to use them. Milk is sold daily for \$1 and popcorn is sold on Wednesdays for \$2. Thanks for your continued support of this school-based fundraiser.

### **Lost & Found & Last Chance Items from March**

Please see this week's lost and found items and let us know if anything belongs to your household. Also, please have a close look at the "Last Chance" items which have been on the table since March. Any items not claimed by the end of the month will be donated. If you are missing a particular item, please let your child's teacher know and we can keep an eye out for it. [Photos](#) [LAST CHANCE PHOTOS](#)

## **TVDSB Run for the FUNd**

The team at Thames Valley Education Foundation is working hard behind the scenes to coordinate the 8<sup>th</sup> and final **Run for the FUNd** which is happening in Woodstock this year. This year's event's proceeds will go towards the **The Caring Fund** which supports students' basic personal needs, contributes to helping students attend or stay engaged with school, and supports students who want to participate in a school activity where lack of funds prevents them from doing so. Lend your support by signing up via event page '**Run for the FUNd 2024**':

<https://raceroster.com/events/2024/87404/run-for-the-fund-2024> We welcome individual participants, but love to see staff teams, student teams, family and friends teams and all possible combinations! It is going to be a fun 5K walk/run and everyone can participate! If it's not possible to join to walk or run, please feel free to donate directly to the Run or share the link to the donation page:

<https://tvdsb.fcuite.com/erp/donate> We hope you will join us for: **Run for the FUNd, Saturday June 1, 2024 (registration starts 8:30 am) College Ave Secondary School, 700 College Ave, ON, Woodstock.** Please register, create a team and fundraise to support Thames Valley Education Foundation and help sustain the Caring Fund as a resource for students in need. Sincere thanks in advance for your ongoing support and see you on June 1! **poster**

## **Family Well-Being Community Workshop Series**

Please visit <https://bit.ly/FWBCWS> to learn more about the following spring webinars in recognition of Mental Health Week:

- May 7, 2024 - You're Not Alone: How to build your support network when supporting children & youth with mental health concerns
- May 8, 2024 - Understanding Youth Substance Use and Prevention Efforts for Caregivers
- May 9, 2024 - Understanding Mental Health and Mental Illness and Their Impact on Families

Additionally, we are continuing to work on uploading recordings of past presentations. All current video recordings can be found at <https://bit.ly/fwbcwsPastEvents> or on our YouTube playlist [https://youtube.com/playlist?list=PLL9jSeholp9uffkMW\\_DfuUoFM1F-l1Wpr&si=pGZX7c1c6\\_MUmZ1k](https://youtube.com/playlist?list=PLL9jSeholp9uffkMW_DfuUoFM1F-l1Wpr&si=pGZX7c1c6_MUmZ1k). The posters for these webinars are attached. As always, we greatly appreciate your support in sharing these webinars with other community members. **3 flyers**

## **Plattsville's Superhero Run**

Individuals, families or groups are invited to participate in Plattsville's "Superhero Run" on Saturday, May 26. Registration is at 11:00 am with the run at 11:30 am. Please see the attached poster for more information. **Poster**

## **From Western Engineering Outreach**

Spring Club Registration (Grades 3-8) is Open!

We are welcoming Grades 3-5 and Grades 6-8 students on three consecutive Saturdays in Spring 2024 - May 25, June 1, and June 8.

**Grades 3-5** will run from 10 AM to 12 PM.

- Week 1 (May 25): Magnetic Boats
- Week 2 (June 1): Makey Makey a Rock Band
- Week 3 (June 8): Bouncing Bubbles

**Grades 6-8** will run from 1 PM to 3 PM.

- Week 1 (May 25): Periscope Design
- Week 2 (June 1): Makey Makey Skee Ball
- Week 3 (June 8): DNA Extraction

[Register at our Western Outreach Portal!](#) Bursaries are also available for low-income families! Please email us for more information regarding this. If you have any other general questions give us an email at [discover@uwo.ca](mailto:discover@uwo.ca).

## **Thoughts of the Day**

Sometimes the smallest thing takes up the most room in your heart.

Gratitude unlocks the fullness of life. It turns what we have into enough, and more.

Your mental health is everything. Prioritize it. Make the time like your life depends on it, because it does.

These mountains that you are carrying, you were only supposed to climb.

What happens when you tell an egg a joke? .....It CRACKS up!

## **Important Upcoming Dates**

May 6	Education and Mental Health Week begins, Scholastic Book Fair week, Holocaust Remembrance Day
May 8	Sara Westbrook presentations for students, Open House, Sara Westbrook parent presentation
May 9	Track & Field Day (Gr. 4-8)
May 10	Primary Field Day (Gr. 1-3), Track & Field raindate
May 12	Mother's Day
May 13	Butcher Barn pick up after school, Primary Field Day raindate
May 14	Toonie Treat Day, Code Red lockdown drill
May 15	Gr. 4/5B and Gr. 2B to Vansittart Woods
May 20	Victoria Day
May 22	Regional Track & Field Meet at CASS, JK Orientation
May 23	Gr. 6/7 to Vansittart Woods
May 27	School Council meeting (in-person potluck)
May 28, 29	Grade 3 & 6 EQAO
May 31	PA Day
June 1	Run for the FUNd

Have a great weekend, Panther families! Contact Us at [plattsville@tvdsb.ca](mailto:plattsville@tvdsb.ca) or 519-684-7436.