

Milk and Popcorn Sales - Tickets

We will have a limited amount of white milk available for sale on Monday. Our full order will be delivered on Tuesday morning, so we will have lots of chocolate and white milk for the remainder of next week. We have now also re-opened the milk and popcorn sales on SchoolCash online with a close date of May 14. Sorry for the inconvenience of the past two weeks as Mrs. Knight has been away. We will continue to print tickets on Monday mornings and distribute them to the students to bring home. If you have any questions, please contact Ms. Elcombe (t.elcombe@tvdsb.ca).

Retake Photos

Edgelmaging will be at PDPS first thing in the morning of Thursday, April 6 for Grade 8 graduation retakes, and individual student photos/retakes for those who were absent earlier this year when they were originally done. **If your child requires a retake, please message your child's teacher** so they can be added to our list for the photographer.

School Council Meeting

All members of the school community are invited to attend our School Council Meeting virtually on Monday, April 3 at 6:30 pm. The agenda with the [TEAMS link](#) is attached. We hope to see you there!

Produce Express Fundraiser

Produce Express has offered us an additional month of fundraising for our school Nutrition Program throughout the month of April. 10% of all sales during the month will be donated back to the school when you use the code PLATT2023. See the attached flyer for more details.

Lost & Found

If anything belongs in your home, please contact Ms. Elcombe (t.elcombe@tvdsb.ca) or your child's teacher and we will get them back to you on Monday.

From Southwestern Public Health

The world is different because of technology. Students use technology to connect to their friends, find information, and play. In today's technological world interacting with technology teaches students important computer literacy and communication skills to use in their future workplaces. Like everything else technology needs to be used in moderation. Your student's screen time may be unbalanced if:

1. They are spending more time on screens than other off screen hobbies, or interactions.
2. They are falling behind their peers in expected activities (school attendance, in person friendships, school performance).
3. They are more irritable, anxious, sad or apathetic than they used to be.
4. They are overly concerned about their online presence.
5. They are less engaged with school and less motivated to succeed.
6. They experience withdrawal from screens.

If you have these concerns with your child consider making some changes to the screen culture in your home by:

1. Modelling healthy screen behaviours such as setting screen boundaries for yourself, and coping with stress in alternative ways.
2. Make a plan that involves a gradual approach. Your child should be involved in the plan.
3. Work with your child to establish new norms, rules and consequences around excessive screen use.
4. Encourage and make time for face to face contact with family and friends.
5. Introduce your child to new activities that they can do with you or their friends.
6. Bring screen time up in conversation when it is not a problem.
7. Understand which needs your child is meeting through screen time and find alternative solutions (for example if they use screens to communicate with their friends, invite their friends over).
8. Work with your child to establish healthy coping mechanisms (instead of turning to a screen when stressed or board find alternatives that work for them).

It is important to recognize that screens are a part of everyone's life. It can be hard to find balance, whether you are a student or a parent trying to be a better role model. Through a careful and caring approach you can work with your child to balance screen time.

Western Engineering Discovery Camps

Information and registration for summer camps can be found at the link below.

<https://www.eng.uwo.ca/outreach/pre-university-programs/summer-camp/themes-and-schedule.html>

Thoughts of the Day this past week

Kindness requires only a smile or a gesture.

I can do things you cannot, you can do things I cannot; together we can do great things!

If you fail, never give up because fail means 'first attempt in learning'!

Today is a wonderful day to have a wonderful day!

The reason a seesaw has two seats is because that way there is always someone to bring you up when you go down.

Upcoming Dates

April 2	Palm Sunday
April 3	Grade 1/2 to Vansittart Woods
April 4	Girls' Badminton Regional Tournament
April 5	Comic Artist Visit
April 6	Boys' Badminton Regional Tournament, Grade 8 graduation photo retakes/absent student individual photo retakes, Passover
April 7	Good Friday – no school
April 9	Easter Monday – no school
April 11	Regional Badminton Finals

April 14 Grade 7 immunizations
April 18 Holocaust Remembrance Day
April 21 (Eid) al Fitr begins at sundown
April 22 (Eid) al Fitr, Earth Day

Have a great weekend, Panther families! Contact Us at plattsville@tvdsb.ca or 519-684-7436.